

EXCHANGE REPORT

Lund University, Sweden

Lund University School of Economics
and Management (LUSEM)



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ACCT & IS, Year 3

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PART I – MONTHLY ACTIVITY LOG

September 2018

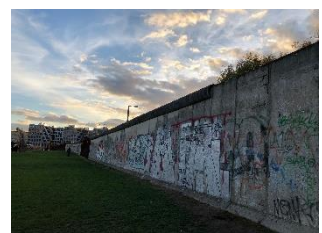
After arriving the accommodation, my roommate notified me that the water could not drain away quickly, and we suspected that attributed to the disposal of construction materials to the pipelines. The sound insulation was bad as well that I could easily hear the sound from the corridor (because my room was near the public corridor of the accommodation). But overall, the accommodation was super nice because all the furniture and households' items were brand new in that new establishing student accommodation with an expensive rent comparing to the hall fee in HKUST.

As my exchange city is a town, there are fewer variety of Asian food with reasonable price and it is far away to do shopping. When visiting my friend in Stockholm who was also exchange student from HKUST in the mid of September, I felt the metropolitan atmosphere again. In one day, my friend and I wanted to have steak for the tea time and we just randomly chose a restaurant. Surprisingly, the food was super good, and the helpful and friendly waitress added our satisfaction.



October 2018

October was a fruitful month by visiting to many places including Berlin, Munich in Germany, Prague in Czeck, Amsterdam, Rotterdam and Hague in Nevertheland. During the journey, I nearly had the accident in one of these countries and then had a strong sense of “life is short”. Among all places, I liked Amsterdam most as the city is vibrant, english-friendly and has a lot of great places to visit.



November 2018

It was a new start of the second period of the semester because our school divided two periods in each semester. I went to Paris and Iceland that month. I was quite shocked that Paris is not that dangerous, and the French are friendly and helpful! I met a Chinese in a French restaurant and we had a great talk about social issues in Europe and China. For the Iceland trip, I was amazed by the beautiful natural scenery and had a lot of fun in the activities in despite of the bad weather. Unfortunately, I did not have the chance to watch the Northern Light. I wish to go to Europe especially Iceland again in the coming future.



December 2018



In this month, I just visited one place, Brussels in Belgium and learned a lot of from this trip. Starting from the beginning to nearly the end of my Brussels trip, I felt super good about this city regarding their food, my accommodation, culture, architecture and everything though I caught up the wrong train to the center of the city after arriving. However, I had an accident in the train station which let me have bad experience in this country and even the whole Europe. On the other hand, I had some issues which needed me to go back to Hong Kong, I ended my exchange journey in mid of December. When looking back my exchange experience, I wished to consult more people about how to choose the right school and accommodation, how to balance between exchange study and travelling and so on. But overall, it was a great opportunity for all-rounded growth not only experience cultural difference but also how to live independently.

PART II: General Exchange Information

Visa Procedures

By holding HKSAR Passport, you could stay **90** days in Sweden without applying visa. In most case, the exchange students will stay around 5 – 6 months in exchange countries. For the application procedures of Sweden, the details are in the following:

1. Receive the **Letter of Acceptance** from your exchange institutions
2. Apply visa via **Migrationsverket**
<https://www.migrationsverket.se/English/Private-individuals/Visiting-Sweden/Visiting-relatives-and-friends/Longer-than-90-days.html> and make sure that you have **enough deposits** in your bank account and show the **proof in English**
3. Receive your **dossier number** for successful application.
4. Bring the email with dossier number and passport or other identification at Swedish Migration Agency in **Hong Kong** for getting the **decision letter**
5. Bring your decision letter to **Sweden** and book an appointment in there for making the **visa card** as there is not Embassy of Sweden in Hong Kong.

Orientation Activities

I am sorry to let you know that I skipped most of the orientation activities because of my period of internship and I could not find the information anymore.

International Services & Activities

Lund University does not have the specific activities provide to the exchange students except for the orientation activities. However, there are some nations to let students to join. I will introduce in the “Social Clubs and Networking Opportunities”.

Accommodations

There are many room types & housing areas provided by the LU Accommodation. Before you apply for the accommodation, I suggest several factors you should consider:

1. **Proximity** from your accommodation to your lecture’s location (in case

you will attend the lesson...)

2. **Room types**: there are corridor room, twin room, studio flat etc
3. **Price**: usually more private, more expensive ranging from SEK 2,800 – 5,800/ month (note: HKD 1 = SEK 1.18 retrieved 3 Mar 2019)
4. **Friends' preference**: you may consider living with your exchange mates

You could reference the details of the LU accommodation in this link: <https://www.luaccommodation.lu.se/accommodation-student/room-types-and-housing-areas/room-types>

I chose **two-bedroom apartment in Sofieberg** with HKUST exchange mate which was new-established building under LU Accommodation. The benefit is that you can enjoy all new furnitures and cookware. The disadvantages are pricey and bearing the risk of poor aftercare of construction work. The toilet of my apartment suffered blockage of sewage around a month. After dealing with this issue, in fact the overall accommodation was great.

Please reminded that the application of the LU Accommodation was in **first-come-first-served** basis at least in my term. Prepare earlier if you would like to live on-campus accommodation.

Course Registration

HKUST students majoring in Professional Accounting may worry about the defer of the study if going to exchange. In fact, you do not need to defer, and you could take the course missed in your Year 4. Forever, you could not take Year 4 courses in your Year 3. Therefore, I conclude that the suitable time for Accounting major students to go to exchange is in Year 3.

My tactics to choose the courses studied in my exchange institution is to select the **Courses could be transferred to fulfill my graduation requirement** which are already **in the database**. You could reference this link: https://crtran.ust.hk/credit_instit.

The registration is **NOT in first-come-first-served** basis. If you register the courses before the deadlines, you will be fine. The normal number of courses you take in Lund University is **4**. But I suggest you could take 5 in order to transfer more credits. If you could not get the courses you want, you could try to **communicate with the professors and exchange coordinators** with the issues.

Here is the courses I take for your reference.

Period	Host Institution Course	HKUST Equivalent Course
Period 1	FEKH11 Business Administration: Business Policy	MGMT4210 Corporate Strategy (3 Cr)
	FEKH92 Business Administration: Innovation Management	ISOM4020 Innovation Management and Technology Entrepreneurship (3 Cr) or MGMT4220 Entrepreneurship and Small Business Studies (4 Cr)
Period 2	INFC50 Informatics: Content Management Systems	ISOM3000IS 3000-level Course in Information Systems, Business Statistics and Operations Management (3 Cr)
	INFN30 Mobile Industry Dynamics	ISOM3000IS 3000-level Course in Information Systems, Business Statistics and Operations Management (3 Cr)

Teaching & Assessment Methods

Well, there were some group projects, group assignments, essay writings and examination in paper, oral or take-home form depend on the setting by the professors.

Sports & Recreation Facilities

There were seem no these kinds of facilitates at Lund University. But you could join the local community one in the town.

Finance and Banking

I thought that we could only open a bank account if staying more than 12 months. In fact, you could still do it with the visa staying less than 12 months. I just use cash, 1 credits card and 1 ATM card in my journey. However, I suggest you should at least have **2 ATM cards, 2 debit cards and 3 credit cards** for your exchange and travelling. Remember to do some research about which credits cards have the best discounts in terms of oversea transaction and then earn some Asia miles and cash rebate!

For the total expense in my exchange, I have not calculated yet, but I

guess roughly **HKD \$100,000** excluding the tuition fee. But I considered myself spent too much in the travelling, therefore, you can do a lot spending with the same amount of money.

Social Clubs and Networking Opportunities

There are 13 students nations you could join in the Lund University. In order to join the student nation, you need to be the member of Studentlund which costs you about hundred dollars. I chose **Västgöta Nation** in my exchange journey. There are activities from Wednesday to Sunday every week as well as some sports activities. Basically, for me I just joined the membership because of the student discount for the train.

Health and Safety

There were some clinics around the campus located far away from my accommodation. In terms of safety, Lund in Sweden in general is safe and people are friendly and helpful to answer your questions.

Food

I mostly bought my food in the supermarket near my accommodation which mostly served in the European style. You could also walk around 20 – 30 minutes or take the bus around 10 minutes to go to the center of the town to buy some Asian food and had meals in the restaurants.

Transportation

Going to **school**: **walk** because the classrooms were near my accommodation

Going to **center of the town**: **walk** or take the **bus**

Going the **Copenhagen Airport**: take **train** in the center of the town

It is better for you to download an app to buy the ticket to take bus and train by enjoying the most discount. But this app is only available to the Lund transportation network

Climate

When I arrived in the late August, it was cooler than Hong Kong. You can expect the winter in Europe is around 0 – 10 degree Celsius. Actually, it was not that cold and remember to buy some heating shirts and thick jackets and that will be enough.

Communication

Basically, is the same comparing in Hong Kong like using WhatsApp, Facebook, Instagram, Facebook Messenger etc. But European people are more preferred Facebook Messenger rather than the WhatsApp. It is not a big matter at all.

Cautionary Measures

Starting from November and December, it started to rain. It is good for you to bring an umbrella with you. However, I seldom see local people bringing umbrella and I am not sure because of cycling or the culture difference.

Other Notes

Always put **personal safety and belongings** at the first place and there are a lot of **refugees** in Europe!

PART III: Items to Bring

Checklist	
<input checked="" type="checkbox"/>	Clothes (underwear, heating shirts, shirts, jackets, trousers, socks, pyjamas)
<input checked="" type="checkbox"/>	Shoes
<input checked="" type="checkbox"/>	Towels
<input checked="" type="checkbox"/>	Brushing supplies (toothbrush, toothpaste, dental floss, brushing cup)
<input checked="" type="checkbox"/>	Slippers
<input checked="" type="checkbox"/>	Personal cleaning products (shampoo, conditioner, bath soap)
<input checked="" type="checkbox"/>	Skin care products (cleansing foam, toner, eye cream, face cream, lip balm, sunscreen)
<input checked="" type="checkbox"/>	Personal care products (clip, hair brush, contact lens)
<input checked="" type="checkbox"/>	Stationary (pen, notebook, calculator, laptop, charger of laptop)
<input checked="" type="checkbox"/>	Travelling (camera, hand-carry luggage, universal adaptors)
<input checked="" type="checkbox"/>	Medicine, tape
<input checked="" type="checkbox"/>	Identity (ID card, passport, Return Permit)
<input checked="" type="checkbox"/>	Hand bag (cash in local currency, wallet, phone, key, tissues, bottle of water, portable charger)
<input checked="" type="checkbox"/>	Others (eye mask, ejector pin, extension unit)

PART IV: Useful Links and Contact

Government 24/7/365 Hotline

1823

Mr. Forrest KAM

Tel: 2358 6073 Email: bmforrest@ust.hk